

When Jan met Julie...
lives changed.



Cefnogaeth a chyfeillgarwch
i deuluoedd
Support and friendship
for families



Denbighshire
Home-Start
Sir Ddinbych
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Do you know about
being a parent and
can you volunteer a
few hours each week
to help a family?

There are parents
near you who are
struggling to cope and
support the children
they love so much.

Become a Home-
Start volunteer and
help local parents
build a better life
for their children.



*Pan wnaeth Jan
gyfarfod â Julie...
newidiodd bywydau*

*A oes gennych chi
brofiad fel rhiant ac
yn gallu rhoi awr neu
ddwy yr wythnos i
helpu teulu?*

*Mae yna rieni yn eich
ardal chi sy'n ei chael
hi'n anodd ymdopi a
chefnogi eu plant a
garent cymaint.*

*Trwy fod yn
wirfoddolwr Home-
Start gallwch helpu
rhieni lleol i roi
bywyd gwell i'w plant.*

***CYNHELIR EIN CWRS HYFFORDDIANT GWIRFODDOLWYR
NESAF BOB NOS FAWRTH AC IAU
O FEHEFIN 6^{ED} HYD GORFFENNAF 4^{YDD}
6-9yh yn ein swyddfa yn Ninbych
CROESO I CHI YMUNO Â NI!***

**OUR NEXT VOLUNTEER PREPARATION COURSE WILL BE
HELD EVERY TUESDAY AND THURSDAY EVENING FROM
JUNE 6TH UNTIL JULY 4TH
6-9pm in our office in Denbigh
YOU ARE WELCOME TO JOIN US!**

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